AMRDETECTOOL Detection in 30 min

Current Pipeline and Benefits of Using Rapid Diagnostic Tests (RDTs)

Katalin Kamotsay DPC-Saint Laszlo Hospital Budapest

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Searching for pathogens...

"Which group of pathogens are the possible ones...."



The beauty and the base of our profession is culturing....colours..smells... ...Depending on the clinical picture, the nature of the most likely pathogen...

Traditional technics

pure culture

..takes

time..

At least

24-48 hours ...



Microscopy

Rapid but accuracy is doubtful in many cases

g Leptenpira app.

6

> Roughly 50% of antibiotic treatments are started with wrong antibiotics...

- > ...and without a proper diagnosis of the pathogen ...
- ...every hour of delay in implementing an effective treatment in sepsis patients leads to a 7.6% increase in mortality..



The purpose is

Personalised medicine:

Using the right drug for the indicated person <u>at the right time</u>

ESK/CAPE -bacteria



- Enterococcus faecium
- Staphylococcus aureus
- > Stenotrophomonas maltophilia
- > Klebsiella pneumoniae
- > Clostridioides difficile
- > Acinetobacter baumannii
- > Pseudomonas aeruginosa
- Enterobacter spp.
- > Eserichia coli

Centers for Disease Control and Prevention:

Carbapenem resistant Enterobacterales and carbepenem resistant Acinetobacter - urgent threats to public health...

>Extended spectrum β-lactamase producing Enterobacterales and multidrug resistant Pseudomonas aeruginosa - serious threats to public health...



- 59% mortality rate in blood stream infections (BSI) caused by ESBL-carrying Enterobacterales not correctly treated in 72 hours (18% - adequately treated)
- Mortality rates in BSIs caused by CRE organisms are 38% with appropriate therapy within 5 days vs 61% if delayed beyond 5 days
- > MRSA BSIs have been associated with an excess length of stay of 9.2 days when compared to patients with MSSA infections
- > A significant increase in mortality is associated with VRE comparing it to vancomycin sensitive Enterococcus

1. Tumbarello M, et al. Antimicrob Agents Chemother. 2007; 51(6):1987-94.

- 2. Gutierrez-Gutierrez B, et al. Lancet Infect Dis. 2017;17(7):726-734.
- 3. de Kraker ME, et al. PLoS Med. 2011; 8(10):e1001104.
- 4. DiazGrandos CA, et al. Clin Infect Dis. 2005; 41(3):327-33.

....we are hoping for a new test which is quick, sensitive and specific enough to enable us to choose the adequate antibiotics and make it possible to isolate the carriers to hinder the spread of the multiresistant strains.....



It was on a short-cut through the hospital kitchens that Albert was first approached by a member of the Antibiotic Resistance. ...and they should be simple and affordable.. ...at present significant changes occur in clinical microbiology laboratories led by automation ...both in the field of identification of pathogens and resistance testing...

- Technological advances in molecular diagnostics (multiplex PCRs, Next Generation Sequencing...)
- > MALDI-ToF ID and detection of resistance markers
- > Accelerate Pheno system (ID and phenotypic AST)
- > mariAST® Rapid phenotypic AST without pure culture (ID and phenotypic AST directly from sample)
- > T2 magnetic resonance technology (ID and detection of resistance markers directly from sample....)

Rapid Diagnostic Tests

ADVANTAGES

- > Quick identification of the pathogen
- > Quick detection of resistance markers
- Quick result of phenotypic antimicrobial susceptibility (directly from the sample or from the culture)
- Detection of nonculturable pathogenes
- > Reduced overall hospital stay
- > Improved patient outcomes in observational studies

DISADVANTAGES

- > Limited panel sizes
- > Expensive to implement
- > Require special training for the laboratory personnels
- Interpretation is sometimes complicated (viability, colonisation..)
- All systems require concurent conventional identification and antimicrobial susceptibility testing
- Co-implementation of ASP (Antimicrobial Stewardship Programs) may be required to appreciate full benefit

Before implementation of a new test -

Assessement of the clinical utility should be conducted

- > Local epidemiological data
- > Antimicrobial stewardship programs (ASP)
- > Rapid communication of results



RDT has an 80% chance of cost- effectiveness with ASP but only 41% in its absence (Blood culture)



Pliakos EE, Andreatos N, Shehadeh F, et al. Clin Microbiol Rev. 2018;31(3):e00095-17.

Sepsis

The cornerstone of diagnosis is still blood culture,
 Since the positive culture is the prerequisite of AST
 (time to positivity depends not only on the CFU of the possible pathogen but on the nature of the bacterial strain)



80% of sepsis death could be prevented with rapid diagnosis and treatment

Identification and antimicrobial sensitivity

- > Traditional way 24-48 hours or more....
- > Identification and resistance markers directly from the positive bottle

MALDI-TOF (Peptide mass fingerprint) multiplex PCR - based technology (BioFire-FilmArray...) nanoparticle probe technology (Verigene Blood Culture Test)

> Providing actionable information much earlier

High positive predictive value for on-panel targets

But... limited targets...false negative results...

BioFire-FilmArray Blood culture Panel2

Gram+ Bacteria	Gram- Bacteria	
Enterococcus faecalis	Acinetobacter calcoaceticus- baumannii complex	
Enterococcus faecium	Bacteroides fragilis	
Listeria monocytogenes	Enterobacterales	
Staphylococcus	Enterobacter cloacae complex	
Staphylococcus aureus	Escherichia coli	
Staphylococcus epidermidis	Klebsiella aerogenes	
Staphylococcus lugdunensis	Klebsiella oxytoca	
Streptococcus	Klebsiella pneumoniae group	
Streptococcus agalactiae	Proteus	
Streptococcus pyogenes	Salmonella	
Streptococcus pneumoniae	Serratia marcescens	
	Haemophilus influenzae	
	Neisseria meningitidis	
	Pseudomonas aeruginosa	
	Stanatrophomonos moltophilio	

Yeast	Antibiotic Resistance		
Candida albicans	Carbapenemases		
Candida auris	IMP		
Candida glabrata	KPC		
Candida krusei	OXA-48-like		
Candida parapsilosis	NDM		
Candida tropicalis	VIM		
Cryptococcus neoformans/gattii	Colistin Posistanoa		
	mor-1		
Cryptococcus			
naoformans	ESBL		
neorormans	CTX-M		
	Methicillin Resistance		
missing from	mecA/C		
	mecA/C and MREJ (MRSA)		
Panel 1			
	Vancomycin Resistance		
	vanA/B		



Accelerate Pheno system - Accelerate Diagnostics - automated rapid identification and phenotypic AST directly from positive blood culture bottle utilizes for ID FISH technology & MIC for AST > Turnaround time **≈ 7 hours** > Compared with routine methods sensitivity for ID : 95,6% specificity for ID : 99,5% agreement for AST: 95% BUT $\mathbf{4}$... no ID and AST for Gram- positive rods, no AST for yeast...

Charnot-Katsikas A, Tesic V, Love N, et al. J Clin Microbiol. 2017;56(1):e01166-17.

Accelerate Pheno[™] System

System

- Automated Pipetting Robot
- Custom Microscope & Camera
- Multi Channel Fluidic Cassette

Method

- · Time-lapse imaging of bacterial growth
- Propriety Image Analysis Algorithm
- Translation of Bacterial Morphokinetics into Rapid MIC Results

Process



Fluorescence In Situ Hybridization

MIC

This system lacks resistance gene testing

40 E.coli, K.pneumoniae, P.mirabilis strains were examined, the CLSI ESBL confirmatory test was also evaluated. ESBL production was well correlated with ceftriaxon nonsusceptibility. These data support that ESBL production has a high likelihood of ceftriaxone non-susceptibility. Bhalodi AA, Magnano P 3rd, Humphries **RM.** Diagn Microbiol Infect Dis. 2020;98(4):115171.





Research Use Only

Phenotypic antimicrobial sensitivity

combines in-well culture (broth dilution - MIC) and specific bacterial detection (fluoroimmunoassay) ID in 20 minutes

Directly from samples (polymicrobial..)

T2MR: Establishing a New Standard in Sepsis T2Biosystems[®] Pathogen Detection T2Sepsis diagnostics provide a faster and more accurate solution for sepsis pathogen detection >90% Detected¹ T2MR **Species-Specific Results Enables Targeted Therapy** 3 to 5 hours **Direct to T2Dx** 1 to 48 VS. ID in \approx 4 hours HOURS Species Identification (PCR, MALDI-TOF, FilmArray, Verigene) All Require Positive Blood Culture 1 to 5 days **Blood Culture** 50-65% Detected2.3 T2Bacteria was positive in 3.2-fold more subjects with proven, probable care, Clinical infectious diseases Diseases, 38(12), 1724-1730. Culture independent or possible BSIs than were BCs molecular Diagnostic 1) Boucher et al. 2009; (2) Karlowsky, JA, et al. 2004; (3) T2Bacteria pivotal clinical study, 2018; (4) Combination of contrived (97% PPA) and prospective data (90% PPA). method

T2 magnetic resonance Detecting amplified DNA from microbial cells directly in whole blood

CANDIDA PANEL

- > C. albicans
- > C. tropicalis
- > C. glabrata
- » C. kruzei
- > C. parapsilosis
- > Sensitivity: 90%
- > Specificity: 98%

BACTERIAL PANEL

- > E. coli
- > K. pneumoniae
- > P. aeruginosa
- > A. baumannii
- > S. aureus
- > E. faecium
- > Sensitivity: 89%
- > Specificity: 98%

13 resistance genes can be detected Sensitivity:91% Specificity:98%

T2Bacteria panel

- Limited only to 5 bacteria...(common ESKAPE pathogens)
 Negative predictive value:99,7% (for the 5 pathogens...)
- > 10% false-positive (60% of it with probable/possible BSIs...)
- > Nguyen MH, Clancy CJ, Pasculle AW, et al. Ann Intern Med. 2019;170(12):845-852.
- > 25% more positives were detected than blood culture (true positives??)
- > ...covered 70.5% of all species detected by blood culture...

> Voigt C, Silbert S, Widen RH, et al. J Emerg Med. 2020;58(5):785-796.

> Among the probable and possible BSIs discrepancies appeared to be associated with closed space and localised infections (abscess, pyelonephritis, infected hematoma, osteomyelitis, pneumonia...) and recent use of antibiotics.

Kalligeros M, Zacharioudakis IM, Tansarli GS, et al. BMC Infect Dis. 2020;20(1):326

Candidemia - T2Candida PPV - 25-60%, NPV - 89-100%

Giannella M, Paolucci M, Roncarati G, et al. Potential role of T2Candida in the management of empirical antifungal treatment in patients at high risk of candidaemia: a pilot single-centre study. J Antimicrob Chemother. 2018;73(10):2856-2859. Clancy CJ, Pappas PG, Vazquez J, et al. Detecting infections rapidly and easily for candidemia trial, part 2 (DIRECT2): a prospective, multicenter study of the T2Candida Panel. Clin Infect Dis. 2018;66(11):1678-1686.

Use of T2Candida was reported to reduce times to appropriate antifungal therapy, shorten courses of empirical therapy, and save an average of US\$280 in antifungal costs per patient tested

Patch ME, Weisz E, Cubillos A et al. Impact of rapid, culture independent diagnosis of candidemia and invasive candidiasis in a community health system. JAntimicrobChemother 2018; 73 Suppl4:iv27-30



Significant hospital cost savings have been seen due to length of stay reductions of 4-8 days

Kenney, R., Dwivedi, S., Kendall, R. et al. Implementation of T2 Magnetic Resonance into the Antimicrobial Stewardship Program Improves Management of Candidemia at HFHS. Poster Presentation ID Week 2016.

T2MR - greater than 7-fold reduction in time to appropriate therapy (5 hours vs. 39 hours prior to implementation of T2MR)



Mylonakis, E., Clancy, C.J., Ostrosky-Zeichner, L., et al. (2015). Clinical Infectious Diseases

Candida was definitively identified in 93% of patients after implementation of T2MR and in only 57% of patients prior to implementation of T2MR

Nicole M. Wilson, George Alangaden, Robert J. Tibbetts, Linoj P. Samuel, Susan L. Davis, Rachel M. Kenney (2017); T2 Magnetic Resonance Assay Improves Timely Management of Candidemia. JAMS 2017; 1:12-18.

Negative T2 tests resulted in discontinuation of antifungal therapy in 23% and avoid antifungal therapy initiation in 41% of patients but 36% of patient's antifungal regimens were not discontinued despite a negative T2 result.

Kateon H et al. Utilization of T2Candida Panel for the rapid detection of Candida species in a large community hospital. Poster Presentation IDWeek 2016.

Deep-seated invasive candidiasis without candidemia: 27-33% positivity rate (culture positive, BC negative)

Zurl C, Prattes J, Zollner-Schwetz I, et al. T2Candida magnetic resonance in patients with invasive candidiasis: strengths and limitations. Med Mycol. 2020;58(5):632-638 Lamoth F, Clancy CJ, Tissot F, et al. Performance of the T2Candida panel for the diagnosis of intra-abdominal candidiasis. Open Forum Infect Dis. 2020;7(3):ofaa075.





Antifungal deescalation based solely on a negative result especially in patients with a high clinical suspicion of invasive candidiasis is controversial....

In two publications only 27-47% of patients had their empiric antifungal therapy discontinued due to the negative TRCandida result

Patch ME, Weisz E, Cubillos A, Estrada SJ, Pfaller MA. Impact of rapid, culture-independent diagnosis of candidaemia and invasive candidiasis in a community health system. J Antimicrob Chemother. 2018;73(suppl 4):iv27-iv30 Steuber TD, Tucker-Heard G, Edwards J, Sawyer A, Thottacherry E, Hassoun A. Utilization and impact of a rapid candida panel on antifungal stewardship program within a large community hospital. Diagn Microbiol Infect Dis. 2020;97(4):115086.

Invasive candidiasis has a high mortality rate -≈ 60% in cases of septic shock

Kollef M., Micek S., Hampton N., Doherty J.A., Kumar A. Septic shock attributed to Candida infection: Importance of empiric therapy and source control. *Clin. Infect. Dis.* 2012;54:1739–1746

As much as 50% reduction in mortality can be achieved with prompt initiation of appropriate antifungal therapy and source control

Clancy CJ, Nguyen MH. Curr Opin Infect Dis. 2019;32(6):546-552.

> Blood culture - far from beeing ideal



2-3 days (ranging from 1-7 days)
 possibility of negative growth in deep-seated candidiasis

 (≈ 80% intra abdominal candidiasis...)
 result is - overuse of empiric antifungal therapy for
 suspected invasive candidiasis

Serological tests for fungal infections

Mannoproteins

Chitin

Fungal cell wall » Beta -D-glucan (BDG) test (clotting pathway is involved) β -glucans **BDG** - component of the cell wall membrane Membrane proteins in Candida spp., Aspergillus spp., Pneumocystis jirovecii, Fusarium spp. But Mucorales, C. neoformans, B. dermatitidis - missing 94.8 % sensitivity & ≈95% negative predictive value Cross reactivity - false-positive results: hemodialysis, Immunglobulin therapy, albumin therapy selected antimicrobials, gauze (surgical procedures) False-negative: due to lower systemic fungal burden...

Aspergillus antigen detection Low sensitivity serial testing for patients at risk Positive predictive value: 77,8/86,2% serum/BAL Negative predictive value: 92,9/95,2% serum/BAL

	EUROIMMUN Aspergillus Antigen ELISA (cut-off: ratio 0.4**)	Bio-Rad Platelia Aspergillus Ag ELISA (cut-off: ratio 0.5)	
Sensitivity	56%	47%	
Specificity	97%	99%	

*Dichtl et al., J. Clin Microbiol, Apr 2019

**Varies from the cut-off recommended by the manufacturer

Karius Test - non invasive blood test uses next-generation sequencing (NGS) of microbial cell-free DNA Identifyin

Pathogens Leave Traces of Genomic DNA in Blood



Identifying etiologies for pneumonia, bacteremia, infective endocarditis, general sepsis...febrile neutropenia... (despite pretreatment with antibiotics)

> Detection of ≈750 types of bacteria ≈100types of DNA viruses ≈350 types of fungi (mold/yeast) parasites

	KARIUS	Specialized Culture	Urinary Antigen Test	PCR Test		
Specimen Type	Plasma	Lower respiratory secretion, lung tissue, pleural fluid	Urine	Lower respiratory secretion, lung tissue, pleural fluid		
Turnaround Time (after specimen receipt)	1 day*	7-16 days	1-3 days	1-3 days		
Detectable <i>Legionella</i> species	33 <i>Legionella</i> species	Legionella species	<i>L. pneumophila</i> serotype 1	Varies depending on assay at laboratory		
Availability	Sendout test	Generally a sendout test, but dependent on in-house capabilities	Generally a sendout test, but dependent on in-house capabilities	Generally a sendout test, but dependent on in-house capabilities		
A 5 year-old child with laukemia with fever and neutropenia was admitted						

"A 5 year-old child with leukemia with fever and neutropenia was admitted to the hospital Blood cultures were positive - K. pneumoniae - Cefepime therapy cleared the fever... Fever came back, blood cultures and PCR test were negative this time. Karius test detected Rhizopus oryzae - the patient received targeted therapy and recovered." (Tim Blawkamp Chief Scientific Officer of Karius) Deep infections require invasive organ biopsies to identify the pathogen.

By sequencing the genomic DNA fragments left in the blood by deep-seated infections, diagnostic biopsies can often be avoided.

"Liquid biopsy"

In invasive mold infections (IMI), among patients with haematological disorders NGS was able to detect both biopsy-proven/probable Aspergillus IMI with a sensitivity of 51%.

Specificity and PPV was estimated 100% (no findings of false positive in controls)...NPV 81-99%...

NGS combined with serum galactomannan: <u>sensitivity 84%</u> in proven/probable IMI Hill JA, Dalai SC, Hong DK, et al. *Clin Infect Dis*. 2020;ciaa1639.

- > 53 adults with hip or knee periprosthetic joint infections
- > Both peripheral blood NGS and standard-of-care intraoperative tissue and synovial fluid cultures were done
- > Positives cultures 46/53 (87%)
- > NGS identified the joint pathogen in 35/53 cases (66%)
- » NGS was positive in 4 cases which were culture negative
- » NGS increased the detection rate from 87% to 94% as an adjunct to cultures
- > 14 additional organisms were detected by NGS, not grown in cultures

Cheverria AP, Cohn IS, Danko DC, et al. J Bone Joint Surg Am. 2021 Jul 22.

Respiratory infections

 Difficulties in distinguishing between bacterial and viral etiologies in LRTIs (lower respiratory tract infections)

Overuse of antibiotics

> First step - Procalcitonin guided antibiotic stewardship

2,4-day reduction in antibiotic exposure Schuetz P, Muller B, Christ-Crain M, et al. *Cochrane Database Syst Rev.* 2012(9):CD007498.

...but specificity and sensitivity are too low... to provide reliable evidence.....

Immunchromatography

S. pyogenes – pharyngeal swab – 15 minutes, sensitivity/specificity 85%/95%

L. pneumophila (01),- urine sample (Legionella - 55 spp., 70 serogroups...) sensitivity/specificity 70-90%/90-100% - (NAAT > 95% in both)

S.pneumoniae - urine sample sensitivity: 60-75% (higher in bacteraemic pneumococcal pneumonia) specificity: 95-99%

(real-time PCR - high sensitivity but even if the measurement of "pneumococcal burden" in the respiratory sample is possible the clinical implementation of the result is challenging)



Viral respiratory infections -Immunchromatograpy & NAAT

s c 1 1 X/pecre RSV

remei

remel

- > Children respiratory virus -
- > 50% CAPs, 90% bronchiolitis, 85% asthma attacks
- > Adults - respiratory virus -20-40% CAPs, 30-50% COPD attacks, 50-70% asthma attacks
- > Mainly 20 types of viruses are involved Influenza A/B, RSV, Rhino, Adeno, parainfluenza 1-4, Corona....
- > Owing to their high sensitivity, NAATs are capable of detecting asymptomatic excretion or very low viral loads of dubious clinical significance.
- Multiplex PCR-respiratory panels with viral, bacterial pathogens and

Pneumocystis jirovecii - 100 times more sensitive than microscopy.... High sensitivity surves to rule out involvement of. P. jirovecii

Multiplex respiratory PCR panels ... different numbers of targets, resistance markers are also detected...

» BioFire-FilmArray pneumonia panel - 8 viruses, 15 bacteria, 3 atypical bacteria, 8 resistance genes...

396 endotracheal and BAL samples sensitivity 97,8% specificity 80,4% PPV 80%, NPV 97,8 - for bacterial pathogens compared with culture semiquantitative copy numbers were strongly correlated with the report of WBC count on <u>initial Gram stain</u> and conventional bacterial semiquantitation

Rand KH, Beal SG, Cherabuddi K, et al. Open Forum Infect Dis. 2021;8(1):ofaa560.



> The BioFire-FilmArray Pneumonia Panel may be useful to rule out bacterial coinfection & avoid inappropriate Deescalation 63/159(40%), prescribing of antibiotics ... escalation 35/159 (22%) Monard C, Pehlivan J, Auger G, et al. Crit Care. 2020;24(1):434. BUT (Retrospective multicenter study) positive results should be accepted with caution... eq.: Positive results of detected CTX-M and carbapenemase resistance genes could not be definitely linked to the microorganism detected... Panel results should be used with culture results to confirm susceptibility and resistance.

Surveillance and RDT - MRSA nasal PCR (Cepheid GeneXpert)

MRSA nasal PCR - to rule out MRSA pneumonia - NPV 95%

Parente DM, Cunha CB, Mylonakis E, et al. Clin Infect Dis. 2018;67(1):1-7.

Combined with ASP intervention - 2,1 days decrease of Vancomycin use

Willis C, Allen B, Tucker C, et al. Am J Health Syst Pharm. 2017;74(21):1765-1773.

Vancomycin avoidance in suspected/confirmed pneumonia in the ICU with MRSA nasal screening - \$108 cost avoidance per patient (surveillance testing, vancomycin therapy and drug monitoring)

Smith MN, Erdman MJ, Ferreira JA, et al. J Crit Care. 2017;38:168-171.

MRSA nasal PCR holds its NPV for 7 days after results

Smith MN, Brotherton AL, Lusardi K, et al. Ann Pharmacother. 2019;53(6):627-638.

Carr AL, Daley MJ, Givens Merkel K, et al. Pharmacotherapy. 2018;38(12):1216-122

Central nervous system

- In bacterial meningitis CSF cultures are positive:70-85% (without prior antibiotic treatment)
- > In viral encephalitis > 10% CSF normal



 > BioFire-FilmArray - and other multiplex PCR meningitis panels...Quick and accurate result
 > But culturing is still the gold standard.....

Gold standard is still culturing.... for several reasons..

- RDTs are useful for the diagnosis of many infections facilitating a better approach to infection in all its aspects...
- > RDTs for detecting antigens can be used as POCTs...
- > Nucleic acid amplification tests and other products of new technological advances show higher percentages of specificity and sensitivity - even too sensitive...before accepting the result as a solution of the given infectious case it should be taken into a sober consideration...
- > Use of different technics at the same time adds a special value to the final diagnosis...

> Without ASP the value of RDT is much less...

Future is like blooming flowers continuous development promising more accurate results and better timing

Traditional and new technology -Let's keep in touch!

Thank you for your attention!

Detection in 30 min

